

Head to Toe Therapies

❖ TREATMENT MENU ❖

❖ MASSAGE ❖

MASSAGE (HOLISTIC, SWEDISH, DEEP TISSUE)

45MIN-€50 60MIN-€60 75MIN-€75 90MIN-€90

AROMATHERAPY MASSAGE

60MIN-€75 75MIN-€85 90MIN-€100

SPORTS MASSAGE

30MIN-€40 45MIN-€50 60MIN-€60

HOT STONES MASSAGE

45MIN-€50 60MIN-€60 75MIN-€75 90MIN-€90

HEAD MASSAGE

45MIN-€50 60MIN-€60 75MIN-€75

NATURALLY BALANCED MASSAGE

60MIN-€75 75MIN-€85 90MIN-€100

❖ TOUCH THERAPIES ❖

EAR CANDLING

45MIN-€40

ONCOLOGY MASSAGE

45MIN-€50 60MIN-€60

❖ REFLEXOLOGY ❖

FOOT REFLEXOLOGY

50 MIN-€50

FACIAL REFLEXOLOGY

50MIN-€50

❖ HOLISTIC FACIALS ❖

HOLISTIC FACIAL

60MIN-€75

GUA SHA

45MIN-€50

❖ TREATMENT PACKAGES ❖

MASSAGE COMBO

Including Reflexology, Hot Stones and/or Facial

90MIN-€110 120MIN-€130

FACIAL COMBO

Including Massage, Reflexology and/or Hot Stones

90MIN-€110 120MIN-€130

PREGNANCY COMBO

Including Facial and/or Reflexology

90MIN-€110 120MIN-€130

TREATMENT MENU

PREGNANCY

PREGNANCY MASSAGE

45MIN-€50 60MIN-€60 75MIN-€75 90MIN-€90

REFLEXOLOGY FOR FERTILITY

50MIN-€50

REFLEXOLOGY FOR PREGNANCY & CHILDBIRTH

50MIN-€50

CHILDREN

REFLEXOLOGY FOR CHILDREN (5YRS – 16YRS)

40min x 3 | €120

REFLEXOLOGY FOR TEENAGERS (13YRS – 16 YRS)

45min x 3 | €140

MASSAGE FOR THE OLDER CHILD (16 YEARS+)

45min x 3 | €140

SIGNATURE MASSAGE

Our Head To Toe Signature Massage is an innovative holistic approach to help you manage life's daily challenges and rediscover a real sense of tranquility and profound relaxation for mind and body.

90 MIN | €110

120MIN | €130

SIGNATURE FACIAL

Head To Toe Signature facial, will not only rejuvenate your skin, but it will also rejuvenate your body, mind & soul.

90 MIN | €110

120MIN | €130

SIGNATURE REFLEXOLOGY

This relaxing holistic treatment based on the principle of the reflex points not only those on the soles, tops and sides of the feet but also the ones on the face.

90 MIN | €110

120MIN | €130

 **0870577013**



 **headtotoetherapies.ie**